



# JOE'S JOG

## JOE HUMPHRIES MEMORIAL TRUST

The JHMT was set up in memory of Joe Humphries who died while out jogging with his friend in October 2012 from Sudden Arrhythmic Death Syndrome (SADS). The JHMT has been set up to: break the 'silence' on SADS, create a new generation of young life savers through the Heartsafe scheme and defibrillator awareness and to inspire young people to fulfill their goals. Patron: Martin Johnson CBE ex Tigers and international rugby player. Registered Charity Number: 1152647

REMEMBER: Full name + Home address + Postcode + *giftaidit*

Please Sponsor \_\_\_\_\_  
on \_\_\_\_\_ to \_\_\_\_\_  
\_\_\_\_\_



If I have ticked the box headed 'Gift Aid', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity named above to reclaim tax on the donation detailed below, given on the date shown. I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.



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Title:	Full name:	Home Address & Postcode: (This is essential for Gift Aid. Please do not put your work address here)	<i>giftaid it</i>	Amount (£):	Date Paid:

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Title:	Full name:	Home Address & Postcode: (This is essential for Gift Aid. Please do not put your work address here)	<i>giftaid it</i>	Amount (£):	Date Paid:
Total amount raised (£):					

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